

# COPEing with Toddler Behaviour

COPEing with Toddler Behaviour is an 8-session course for parents of 12- to 36-month olds that was designed to train groups of parents in effective parenting strategies for toddlers using an active learning model (i.e., COPE "Community Parent Education"), to prevent disruptive behaviour disorders. High and low risk parents learn how to foster a positive parent-child relationship, use an authoritative "backbone" parenting style, have appropriate developmental expectations, tailor their parenting to their child's temperament, and use strategies to prevent and respond to challenging behaviours.

## COPEing with Toddler Behaviour materials available...

**Facilitator Manual** - includes an overview of the course, guidelines for setting up and conducting the course, specific instructions for facilitating each of the eight sessions (agendas, facilitator instructions, equipment checklists, self-monitoring forms, video discussion sheets, resource table lists, practice sheets, handouts, solutions to common challenges, references and appendices).

**Videotape** - includes segments of parenting challenges to be discussed by parents in the course.

For further inquiries contact: Infant-Parent Program at 905-521-2100 extension 77406  
or fax: 905-521-7926

Prepayment Address: Infant-Parent Program  
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COPEing with Toddler Behaviour		Prepaid Materials Order Form
Item	Number Ordered	Total
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