## **TABLE OF CONTENTS**

Chapter 1	I Introduction and Overview of the Course	6
V	Vhy is Infant Attachment Security Important?	6
V	Vhat Role Do Parents Play?	6
Δ	Attachment-based Interventions	6
R	Right from the Start	7
V	Vhy Groups?	7
V	Vhy This Kind of Group? The Coping Modeling Problem Solving Approach as	
	a Facilitative Group-based Intervention	8
F	format of the Right from the Start Sessions	9
C	Curriculum of Right from the Start	10
Chapter 2	Setting up a <i>Right from the Start</i> Parenting Course	13
Prelimina	ry Steps	13
D	Decide on Dates and Times and Book a Venue	13
C	Organize Childcare	13
D	Develop and Implement an Advertising and Marketing Procedure	13
	Develop a Registration Process	14
	Solve Logistical Problems	14
Facilitato Course	r's Self Monitoring Form for Setting up a <i>Right from the Start</i> Parenting	15
Chapter 3	General Guidelines for Conducting Sessions	17
Guideline	s	17
	acilitators	17
	acilitator Self Monitoring Forms	17
	reparing for the Session	17
	Setting up Small Groups and Small Group Exercise	17
	Social Phases and Breaks	18
	ime Guidelines	18
	Community Resource Table	19
	Group Discussions	19 19
	Goals for Home Practice Sheets  Group Process	
-	Stage I: Engagement	20 20
	Stage II: Differentiation	21
	Stage III: The Advanced Working Group	21
Chapter 4	Conducting the Right from the Start Course	22
Session	Attachment Security: "What is it and why is it important?"	23
1:	Parent-child Interaction: "How do you show me you love me?"	38
Session	Child and Parent Personality: "I am unique and so are you"	52

2:	Disengage Cues: "I don't like what you're doing right now"	70
Session	Engage/Approach Cues: "I like what you're doing right now"/"I need	86
3:	you	101
Session	Following Your Child's Lead: "This is what I am interested in right now"	116
4:	Building a Healthy Relationship: "I like being with you"	130
Session		
5:	,	
Session		
6:		
Session		
7:		
Session		
8:		
Chapter	Solutions to Common Problems / Questions / Issues	138
	Spoiling	138
	Crying	139
	Sleep	139
	Approach not working	139
	Abusive strategy suggested	139
	Abusive strategy reported	140
	Partner conflict	140
	"Brats"	140
	Facilitators not giving advice	140
	Arguments	141
	Attendance	141
Referen	References	
Appendi	Appendices	
Child care materials		147
Registration form		153
-	Sample advertising materials	
Attendance sheet		157
Course contract		158
Client S	Client Satisfaction Questionnaire	
Diploma		163